

Volunteer Newsletter

OCTOBER 2022

Volunteer Spotlights

HARPRIT



Friendly Visiting Volunteer since 2015.

Why do you Volunteer?

"I'm driven by a passion to help others and it makes me happy that I am giving back to the community and making new connections."

What do you enjoy about volunteering?

"I enjoy meeting people and making personal connections and learning new skills and new ideas. It gives me a sense of purpose and boosts my overall health and well-being."

Community Connections Volunteer since 2020.

Why do you Volunteer?

"I started thinking about volunteering during the pandemic. I like volunteering because it lets me give back to the community and make a difference."

What do you enjoy about volunteering?

"Volunteering allows me to practice and improve my communication skills and I find it to be a very fulfilling experience. I learn a lot from the people that I work with so I see it as a win-win situation."

MANEESH



WHAT DO VOLUNTEERS MEAN TO OUR CLIENTS?

"Thank you to Indus Community Services for sending me a volunteer who helps me practice my English. The volunteer spends a lot of time preparing for teaching, finding videos and articles, writing questions himself, and letting me answer them. He is a great man who talks to me on the phone every week. He has become a great friend."

Community Connections Client - 1:1 Mentorship

COMMUNITY CONNECTIONS VOLUNTEER MENTORS NEEDED!

Responsibilities include:

- Get matched with a newcomer in your community to provide 1-on-1 support
- Offer guidance with accessing services and learning about the city
- Provide English language support
- Provide an understanding of Canadian culture
- And more!

Time Commitment: 1-2 hours a week
Find more information [here!](#)

**[CLICK HERE FOR
JOB OPPORTUNITIES
AT INDUS](#)**

Do you want to share your
ideas for the next
newsletter?

Let's Connect!

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**Thank you to our
Volunteer Contributors!**
Harprit Khera
Jaspreet Kaur
Kamaldeep Randhawa

WELCOME BACK ONSITE!



**Arts and Crafts
Workshop**
July & August
2022
3038 Hurontario
St. Mississauga

**Beginner Computer
Literacy Workshop**
August-September
2022
60 Gillingham Dr.
Brampton



In-Person Volunteering Tips

Use the [Self-Screening Tool](#) before volunteering in person to keep everyone safe.

Common symptoms of Covid-19 to look out for include:

- fever
- tiredness
- cough
- loss of taste or smell

Find the most up-to-date COVID-19 information [here](#).

Volunteer Book Recommendation:



THE CONNECTED COMMUNITY

*Discovering the Health,
Wealth, and Power of
Neighborhoods*

**CORMAC RUSSELL
JOHN McKNIGHT**

Foreword by PARKER J. PALMER

The Connected Community:
Discovering the Health, Wealth,
and Power of Neighborhoods
By Cormac Russell & John
McKnight

- This book explores how to uncover the hidden talents, assets, and abilities in your neighborhood and bring them together to create a vibrant and joyful community.

Volunteer Trivia:

On average, how many people volunteer their time in Canada each year?
Send your answer to Jenna Maingot at jmaingot@induscs.ca.